# Spring circle Spring Poetry Anton Source Spring Spr

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# In certain ways writing is a form of prayer.

- DENISE LEVERTOV

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# Introduction

**Every April, writers and creatives across the map celebrate National Poetry Month.** For thirty days, we honor the great poets of our past by spotlighting new and promising works and encouraging everyone (and anyone) to connect with their inner poet. This year, the CALS Writing Circle hosted a month-long challenge. For every day in the month of April, a new prompt in the form of a single word was given to our writers--words like wake, spark, thaw, clear.

When we sat down to plan the challenge, we set a few goals. We agreed that if April came to an end and we had at least fifteen poems, we would consider the contest a success. The days ticked by, but our inboxes never came up empty; every morning there were new poems to be read. Now here we are with a completed anthology of over fifty poems, all written by local writers!

We wish we could celebrate their hard work in person. We wish we could hear each poet read their work over hot coffee. For now, however, we offer this digital collection and a virtual round of applause.

With that, we hope these poems bring you joy. They certainly have for us.

Cheers, Bekah Smith & Deb Moore Central Arkansas Library System

# Central Arkansas Library Writing Circle

Saturday of each month at the Main Library at 100 Rock Street in Little Rock, Arkansas.

CALS Writing Circle offers encouragement, critiques, workshops, and classes to central Arkansas writers. We welcome writers of all genres and any level of experience. The Writing Circle meets on the third

Email dmoore@cals.org for more information.

### – ANNA M. WALTHALL

# Coffin Man

Try to ignore him if you can, But everyone hears coughin' man! His window is adjacent to four neighbors, And is wide open for his pulmonary labors. He routinely begins at the break of dawn, Long before I'm ready to yawn. I open one eye and peer at my phone, Then pull up my covers and moan and groan His smoker's cough preludes his death, So long and deep, he can't catch his breath! "Ahem!" He croaks with a croup! "Hack! Ahem! A Whoop!" Yes, try to ignore him if you can, But everyone hears coffin man! — ANNA M. WALTHALL

# A Note Worth Sharing: Reality Check

In an instant, things can change. Wires in your brain can rearrange. Young or old, it matters not; Neither does income, potential, or life lot. Your brain controls what is what, and what is where. And who is who and about what you care. We all better live like there is no tomorrow. Bring people joy; avoid all sorrow. Dance under the moon, in the rain and in the sun. Do what you should and then have some fun. Let all of your hurts go – feel them flow down streams. Don't just live – realize your dreams! Create a plan and then work towards it daily. And don't get downtrodden; embrace life gaily! Laugh and sing and turn flips if you are able. Refuse to be defined by your past or a label. You get to decide if you're successful or a wreck. This is the time for a reality check!

— ANNA M. WALTHALL

# Stretch Bird

Stretch bird! Then gaze around; Perched high above the ground. Spread wings, twist tail, then lift a leg. Yoga?

### — JAN HAMLETT

# The Peace of Vintage Faith

I hear the creaking of the hinges on the door as it closes.

But I smile.

I know another --somewhere else --has a key unlocking it.

So I wait.

The shutting of a door once stirred panic, but tonight I feel no fear.

Only hope.

### — JAN HAMLETT

# **Etsy Search**

They were made of play-homes laid out with sticks, mud-cookies so delightful your auntie almost ate one, and clever clover jewelry cherished for its flair. They were trimmed with poufy cloud-shapes shifting with the breeze into ever new designs. These charming days (in great supply) with wishing on a star and one last bit of sparkle, twinkling, blinking, winking --as you dreamed away the night . . . "Carefree day no longer in stock. Suggest crafting one for yourself. Check Pinterest."

### - JAN HAMLETT

# Good Morning Moon

Good morning, moon . . . nice to see you there.

Coffee in hand . . . steps quite slow . . . the day ahead . . . thoughts in flow . . .

Stop! Look!

What a surprise in blue morning skies: a lingering glimpse of yesterday...

soon to be gone.

"You let it go, too, and begin anew" (a whisper from the pale, fading orb).

Good morning, moon . . . nice to see you there.

### - RACHEL LUEBKE

# Easter Weekend, Reaching

I went on a drive through the city, through the country. Spring flowers climbed everywhere, not discriminating. Primrose took over the highway, and swaths of yellow flowers stormed bright, open fields with rain-logged roots, drowning, their washed-out faces reaching for air and sun

You are there alone.

I went on a drive through the country, through the city. The sun, warm and magnificent, comforting but the flowers, drowning, drowning, drowning You are there alone, behind the cold brick building in the city, drowning. Right across the road.



### – LUIS UZCATEGUI

## Fresh

Serendipitous purple flowers, Among golden buttercups, Weave about the mellow clovers In tomorrow's hot hyssops.

The wind that blows my airs to me Carries something new this spring: A faint caress has fallen free From the greeny eversing—

The newly leaves of hickory And oak abounded canopy, Stricken by the sun they glee, Form a veily verdant Sea,

And piney scents of cedar glade, Darkened through late winter waves Carry their caress arrayed Out of shadows, gorge and caves—

The mighty rivers rush anew, Unbeholden and unbound, To give life its auspicious queue And spring forth its freshly found

### - LUIS UZCATEGUI

# Run

Day and go. Run the Sun Summing a day ago like an Abac us.

And the moon it goes, too, Running away afar— A neatly placed reminder: Redemption is at hand.

Toward the sum, running away ago To nearly a reminder that— Again and again— The sum of these reminders Is merely a mirage (like the moon, it goes, Running away afar).

### — LUIS UZCATEGUI

# Change

Arattled, a shaking, the distant trees undulating Earth moves free— A fault. A spring. A fall.

Water, too, falls— Bubbly orbs suspended briefly, And then returned to an explosive display of Disorder and disarray.

And yet, life seems so unfazed, Disobeying the orders of thermodynamics Which call toward entropic, deterministic chaos. Chemistry, instead, offers an organized intermission Between brief life and its quick transition.

And the cycle perpetuates:

Within you lie the remnants of stars Fueled by a sun that gnars and chars, Fed by an Earth, for better or worse, And fated to whiteness the infinite curse:

All eras must end, and anew begin— Some say it's eternal, but to the contrary, All change is just temporary.

### - MARY HALEY PERRY

# Iniquity

"Sins of the father," But a mother's sins are equally potent Sins remembered Sins forgotten Horrors of the haunting hours – Children cursed.

### – MARY HALEY PERRY

# Perjury

"Do you believe this is a fair and equitable settlement?" The ad litem for my five-year old asked. "Yes."

"Do you believe this is a fair and equitable settlement?" The insurance company's attorney asked. "Yes."

"Do you believe this is a fair and equitable settlement?" The judge asked. "Yes."

But he'll never again reach the monkey bars with two hands – There is nothing fair or equitable about that.

### - MARY HALEY PERRY

# Contemplation

At 38, I contemplate, all the firsts behind me – first date, first love, first job, first child. At 38, I contemplate and insulate.
At 48, I contemplate, spontaneous combustion – stop, drop, roll, STOP, DROP, ROLL! At 48, I contemplate and calculate.
At 58, I contemplate, self-fulfillment – plastic, opioids, medical marijuana, retirement, hobbie At 58, I contemplate and pray, "Oh, God, let someone Formulate, hypoallergenic plastic."
At 68, I contemplate, how young my ancient Grandpa left. At 68, I contemplate and celebrate Infinite love and laughter. At 68, I contemplate and celebrate and Anticipate.



### – MARY HALEY PERRY

# Pay Dirt

∙acing off They sit ato

They sit atop her bed, His mouth open for the surgeon, A reluctant patient Anxious for the recovery room. Fingers, floss, and facial tissue – O.R. tools She pushes He flinches She pulls He howls And scurries to the bathroom To assess the progress in the mirror. Climbing on the cabinet, Operating alone now He pushes He flinches He flinches He pulls He howls, "I GOT IT! LOOK! I GOT IT! Pay dirt – Money in the morning.

### – MICAH A. MATTSON

# Forgiveness

- It's an idea, just an idea. The idea of forgiveness. The idea that mistakes can be forgiven, that broken relationships can mend. But not for me. My mistakes are too big, too many broken relationships to mend. Too many hurt. Friends, family, shocked and betrayed. I apologize but their hurt is still there, a wall between us. I think distance will help bring forgiveness but it only brings resentment. Some forgive but the memory is still strong Those who don't, despise me, "I got what I deserved." But they can never know what I got, They can never feel it. So to me it's just an idea,
- the fleeting idea of forgiveness.



### — MICAH A. MATTSON

# Change

Everything is change, these poems are change, every day is change. Our position is constantly changing. But many changes, only take place, if you let them. Simple poems can change you, but only if you stop, and let it happen.

### - MICAH A. MATTSON

# Runaway Train

When I hesitate, I-Oh dear, I lost my train of thought. This happens surprisingly often, It happens every time I-Do something or other... It's rather hard to explain because it happens when-

### - MICAH A. MATTSON

# Clear

Few things are clear to me, things that are clear to me seem to be confusing to others around. So I just don't make a sound. But when I do inform, it always starts a storm. So I keep myself quiet, for fear of causing a riot. They don't want to know what I see. Telling them seems to guarantee, that they ignore what I say, and once again turn away.



### – MICAH A. MATTSON

## Lift

I could use a lift, I've been set adrift. By whom I'm not sure, but I hope that you're, willing to lend a hand, and I hope you understand. I'm not asking for much. I only ask to get in touch with the sane part of my mind So would you be so kind? As to help me shift? Cause I could really use a lift.

### - MICAH A. MATTSON

## **Expired License**

As I start my poem I find that I cannot stray from fact, and what a boring poem that creates. Then I remember with dismay, my poetic license has expired. I hurry to the DFA (Department of Foolishness and Absurdity), but of course I don't have the right documents. After returning home, gathering the documents, and driving back, I finally have it. My poetic license returned. Now I may go about spinning my half-truths and weaving with my words. I may continue to confound my readers with my ponderings on everythings and nothings. That is how readers like their poems, deep and confusing, filled with riddles and mysteries. For a poem without poetic license is a boring one.

### – MICAH A. MATTSON

# Fresh

I need something fresh, no more repetitive, bland, boring days. I need something different. I need something new, a reason to get up. Anything to look forward to. I can't take any more of the same. Some hate change, I feed off it. So I need something fresh.

### – MICAH A. MATTSON

# Running

Everyone is running. Some run from what they see, I run from what I don't want to see. Some run from what they hear, I run from what I don't want to hear. Some run from what they feel, I run from what I don't want to feel. The things people run from the hardest, Are the things they know that they can't run from. I run hardest from the things that I know have already caught me.

### - MICAH A. MATTSON

# Sun

If we saw it shine for just a moment,

Our path lit by a solitary ray.

Would we praise it as if it were God sent?

Or expect thousands of rays every day?

### - SHIRLEY STICHT SCHUETTE

# Untitled

I wake each morning and I wonder, what's the point? The answer? WONDER, of course.

### - TOM HUTCHISON

# Bright

Curtains fail to restrain the dawn and morning sneaks through windows flooding amber light upon unruly quilts rumpled during the night's foregone rest

> In the golden glow motes float in the peaceful air and we devote that moment to watch them eddy and spin passing through and within beams of sunlight bright as the expectant day

### – TOM HUTCHISON

# Breeze

Rows of plants stretch out to a dispiriting distance

> the sun reigns in a cloudless sky

dry dirt shifts beneath tired feet

> a wooden handle chafes aching hands

required to work as long as there is light

the heat compounds fatigue

a rhythm emerges from around the crop two steps then chop – chop – chop

nothing can appease the angry sun and a breeze feels like God's mercy

### – TOM HUTCHISON

# Change

The clink of spare change metallic symbols of empathy a physical manifestation of humanity a visible sign of our capacity for kindness takes on profound meaning to someone in need beyond stray nickels and quarters and dimes combined to buy a cup of coffee or something to eat they are symbols that someone cares willing to take the time to treat another person like they matter



### - TOM HUTCHISON

# Breath

On the craggy rocks of the northern volcanoes where the barbarians hunt outsiders for food there's a plant that grows among the obsidian shards where frost collects but no rain ever falls the Phoenix Breath its claret florets hide among the knife-edge stone tiny blossom clusters evading the ruthless wind each petal like a blood drop from a pin prick you must collect its roots to make the elixir that protects you from death Go now that is your quest

### – TOM HUTCHISON

# Adapt

absence brought me pain like the throb of a severed limb lost in the war and the more I confront the strain the more I felt the loss the ache reminds me you're gone and I'm drawn to phantom desire that hangs on as though it's still a part of me while it left me handicapped I adapt I trapped the sorrow and wrapped it away to allay the sting so I can move through the day and live



### Clear

The evening merits a toast cups of Baiju clear as purpose and strong like coastal winds from the Yellow Sea as we sit on a balcony among the skyscrapers wrapped in humidity and reveling in the polychrome aura from buildings capped with neon and phosphorescent light luminous radiant wonderous an incandescent glow reflecting off glimmering facades until the cups are refilled and the host offers another toast to honor the success of the day Ganbei

# Less

Less Less is less and less is more and more is less than ever before distress the less 'cause it's not more possess excess for what it's for finesse distress before it roars bless a yes and you'll get more less is a mess left on the floor obsess and stress but don't ignore express the blessed and do the chore 'cause less is less and less is more

### Chime

hime from Daddy's clock once allowed me to take stock of the hours until the dawn the time drawn against the background of night until the light brought on leave to get out of bed Westminster quarters

time is a human design to mark the progress of the future into the past sometimes slow sometimes fast until at last it stops



# Grasp

The essence of that night lingers in memory like an object that I can feel and see soft, smooth and cool to the touch reminding me it mattered so much such passioned words and cries the unsaid goodbyes and phases of grief that now feel like lies because emotions fade and the memories devolve so I grasp the object and hold it with resolve before the pain is lost and feelings dissolve until nothing remains even the essence of that night



## Fresh

Hottest Summer days fresh fruit robin redbreast velvet skin lenient flesh gilded golden glorious sun steeped sweet and succulent

### First

nmediacy of lips close enough to feel the warmth of skin and then the spin of abandon as restraint is undone in the air of shared breat a moment so

precarious

perilous

adventurous

when the space between control and desire melts away in the heat of a first kiss



# Flight

Flight 1292 San Francisco to Detroit gripped by night even as we loose the ground adroit travelers pull shades over their eyes as we slip into skies of interplanetary darkness where ties to Earth seem to slip away and through meager windows the lights cities and towns appear at these heights like an alien landscape iridescent lichen clinging to the rocks of a strange planet that exists in permeant twilight

### New

Wobbly Shaking Trembling Quivering under unsteady weight First steps taken without rhythm or gait standing, stretching acclimating to strength an instinctive drive to arise and feel what it means to be alive and find the power to take a step into a new world

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# Hope

I hope the sheets feel cold like winter-still nights when the air bites and immaculate skies reveal the frigid light of far-away stars so you might stay in the heat of my arms and nestle to my chest until you close your eyes and rest knowing I'll keep you warm

### Hesitate

Don't hesitate when the world skips a beat in that discrete instant in that moment before it accretes and falters replete with doubt and fear until it alters your resolve and you retreat to the safety that revolves around the way things have always been



### Lift

trolled explosion to lift us from the confines of Earth from all we know from God's familiar designs to drift among the stars unrestrained by gravity loosed from the laws that have governed the way we interact with the world so we can explore and grow and evolve and know things with certainty that we have never imagined

### Idea

Ideas aren't bestowed by generous Gods Given to the worthy and the clever Do not believe that they stack the odds To prefer another's creative endeavor Vision is not a gift conferred by chance Nor the return of some random events It is not the outcome of circumstance Or the result of careless accidents An idea is born from the essence of you Your experience makes it unique and true Combine diverse concepts in different ways Add a surprise with a modern detail Remove a trait that has become too stale Invent, transform, update and then rephras



against the tidal air lowing from the Hudson pushing toward the glowing zeal of Times Square it's bustle and haste left behind for places more real among the slowing streets where people live going about their days in shared spaces spared from the tussle and crush of thrumming crowds I pass a garden on 48th where twines and vines climb the wrought iron fence and blooms open to the sultry dusk



### Note

Holding a G flat the soprano note alone at the beginning of the movement a tone to emote the oneness of being to devote the character to loneliness as her voice floats above the soaring melody that suddenly turns from its lofty height ebbing falling fading into silence that echoes the emotion of unrequited love

### Reach

Stretch your arms to the expanse of empty skies exemplary in its indifference to the messy unrest that so defines our existence on this cold planet

reach to the heaven to touch the stars and hold their promise of beginnings and the steel of will that never gives up on creating order out of the chaos

# Ray

Uncle Ray died sometime after the war a training mishap they told us a helicopter crash nothing less and nothing more perhaps that's all it was but that seems too pointless therefore, I choose to ignore the official account and imagine him on a mission secret and dangerous hunting Nazi's in South America or chasing Soviet spies in East Berlin and so, a legend is born

### Remember

The Quarantine Trilogy

There once was a man who couldn't remember If it was Saturday, June or the 5th of December He asked with dismay What is the day? Because every day seems like Octember

There was a man who couldn't recall If he showered today, this week or at all He knew he was sunk When he smelled his own funk And decided he'd shave in the Fall

A man sits alone in his room With Webex and FaceTime and Zoom He's talking all day With nothing to say And he couldn't be bothered to groom

### Run

#### Run

Run away from Run to Run around Run through

Run up Run down Run the streets Run the town

Run a circle Run a square Run a line Run a pair

Run into Run where Run out of Run there

Run tonight Run today Run to leave Run to stay



### Soft

Awakened from a hammocked dream by a whisper a murmur a blur of a sound so quiet you convince yourself that you didn't hear a thing but storms loom where the sky meets the sea mushrooming blooming blooming consuming the bluest sky charcoal clouds immense and menacing but soft thunder tumbles through tropical air subtle muted almost not there worn away by the roar of waves and wind that never abates

### Renewal

Me got t'ree pieces o' silver for Old Scratch him done come yah from the bottom land and him-a say to gi you da renewal if me put dem inna palm of his hand him comin' to da balmyard singin' a hoodoo hymn him comin' fround 'bout midnight fi on doin' sin him comin' with resurrection but you soul done belong-a him

### Run 2

A one-word text RUN They found me even in the city where the world comes to live and forgive colonization because the shops offer rare luxuries and no one sees London's hidden underbelly I'll walk until I cross Westminster Bridge and then run along the Thames in the brilliant lights of the Eye keeping to shadows because they'll cover Embankment station but if I can get to Blackfriars and conspire to hide l just might get away

### Seed

Seasoned acorns fall shaken by shifting north winds Thunder on tin roofs

Twirling from maples weighted, veined shockingly strong Single angel wing

Dandelion fluff blown into an empty sky Weightless Summer clouds

Watermelon pips embraced in the sweet red flesh Sustain next Summer

Golden mustard fields wave in the gentle breezes Seeds like the kingdom



### Thaw

Left on the counter to thaw brick hard ice cream so cold it stings bare fingers a layer of frost forms on the package lingering until the ambient warmth tempers the callous chil until the ice melts away and the softened sweet sanctuary of vanilla yields to the spoon and bowl

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### Stir

When the night

embraces us in black

and the slack hours

trace the time until dawn

dreams will come

in place of reality

### to bring back memory

or forward a fantasy

#### when the visions

cause you to stir

#### I'll be the there

to wake you

#### and take you

in my arms

#### to tell you you're safe

and that you're only dreaming

# 60



Events rush passed faster than perception can amass context before we can ask what is next and we are left with a vast sense of being perplexed and it lasts until another incident shakes us from any comfort as it races into the future leaving us to cope within its wake

# Spark

The dark spreads over me in the blackout when there is nothing to see until I build a fire click spark click spark, click spark click spark, click spark, click spark and then the blaze catches and room fills with the aroma of pine and oak and hickory the dried wood that has been waiting for me to turn it into warmth and light CONTRIBUTORS

### Jan Hamlett

Jan Hamlett is a retired English teacher who lives and writes in Little Rock, Arkansas. Her poetry has appeared in *Grit, Calliope*, and the online journal *Plum Tree Tavern*. Jan's stories and essays have been published in *Women Alive, The Wittenburg Door,* and *Chicken Soup for the Soul: Thanks Dad*, as well as online in *Sonic Boom* and *Bewildering Stories*. She can also be found on YouTube presenting two of her stories for the radio show *Tales from the South*: "Turnabout" and "Since I Saw Him Standing There." She is pleased and honored to be included in this anthology.

### **Tom Hutchison**

I write constantly. For a business audience, I try to make the complex clear. For my friends, I try to be funny and engaging or at least brief. For myself, I write poetry. While my commitment to it ebbs and returns throughout my life, it is a constant. I write poetry in my head even when I'm writing nothing at all. Hal, my wife of more than 25 years, has come to accept it. My daughter Sarah shrugs it off, but the words keep coming, waiting for the chance to be written down.

### **Rachel Armes Luebke**

Rachel Armes (Luebke) began writing for pleasure at age 8, creating song lyrics with a friend during summer play dates. She has been writing poetry for 19 years, and it continues to be her main creative outlet, along with singing and gardening. In 2013, she graduated Summa Cum Laude with a technical writing degree from UALR, and in March 2017 she began working as a grant writer with the UAMS Institute for Digital Health & Innovation after working briefly for Arkansas' child welfare system. She lives in Little Rock with her four-yearold daughter, Isabelle, and their beloved cat, Joanzie.

### Micah A. Mattson

Hello! My name is Micah Mattson. I am 16, home schooled, and I'm completely new to writing poems. I am really happy to be included in the anthology in spite of my poor rhyming skills. I got started with this contest as a writing assignment, and found it to be a great way to get emotions out. I write from whatever emotion I'm feeling at the time, though I find that I write best when I'm in pain. I've had a crazy school year, and gone through some really hard things, but it has inspired some of my best poems.

### Mary Haley Perry

Mary Haley Perry's love of poetry bloomed as her sisters "sang" the poems they were memorizing in school. With a love of writing and literature, she began her professional career as a high school English teacher and over the next four decades worked in a variety of public education positions in Louisiana, Texas, and Arkansas. Mary writes about her life, and *Pay Dirt* memorializes the loss of her son's first tooth.

Retiring from the Arkansas Department of Education in 2017, Mary and her husband of 43 years reside in Jacksonville, Arkansas.

#### CONTRIBUTORS

### **Shirley Sticht Schuette**

Wonder the noun means surprise at the unexpected. Wonder the verb means to ask questions. That wondering describes me. I might take a watch apart because I wondered how it worked. Others got weary of my questions because I wondered what was really happening. I kept going up the trail because I wondered what was around the next turn. I had trouble finishing my thesis because I wondered about just one more point. So being an archivist who researches history to prepare documents for patrons of CALS Butler Center for Arkansas Studies is just about the perfect job for me.

#### Luis Uzcategui

Luis Uzcategui is a poet by day and a bartender by night. When not playing classical guitar, he can be found experimenting with an array of other instruments, or partaking in one of his many hobbies like kayaking, hiking, and foraging. A scholarly poet, he holds degrees in Art, Psychology, and Chemistry. He draws inspiration from his scholarly passions and tries to tie them in with Nature and the beauty of this weird world. His poetry is meant to be both read aloud and contemplated silently, like an audible whooshy wind that leaves a slight chill.

#### Anna M. Walthall

My signature, AWOL, stands for A World of Love (and Laughter). I smile every time I sign my name because it reminds me that this is what I am striving to help create for us all. I am a poet, writer and artist, which bring a lot of happiness into my life. Often times, I laugh when penning a silly poem, even more so when I consider how others may potentially chuckle with me when they read it. A good day for me is when I can entertain people or give them something to think about through my own ponderings.