


# FOOD RESOURCE GUIDE

Be Mighty Little Rock, a program of the Central Arkansas Library System, is an anti-hunger campaign aimed at connecting kids, teens, and families to free meals, cooking and nutrition education, food security resources, and opportunities to eat, play, and learn. The mission of the Central Arkansas Library System is to connect people, nurture potential, and grow community. One of our core values is to provide access to all.

This Food Resource Guide is a tool to connect people in our community who are experiencing need with food pantries and hot meals. We have made every effort to verify the information in the guide for accuracy. In addition to locations and hours of operation, you will see any special considerations or requirements to participate in the meal or pantry program at each location.

If you find any information in this guide that is inaccurate or has been updated, please feel free to share that information with us so that we can update the resource. You can email any updates or corrections to [bemighty@cals.org](mailto:bemighty@cals.org).

The  symbol found throughout the guide indicates locations that the Be Mighty team has contacted to confirm all information listed. Locations missing this symbol have been called but not reached.

If you operate a food bank, afterschool meal site, or serve hot meals to the public, and do not see your organization on this list, you can reach us at [bemighty@cals.org](mailto:bemighty@cals.org).

# Central Arkansas Library System

## FOOD PANTRIES

*Considerations: Pantries are stocked throughout the week with the help of volunteers, library staff, and Be Mighty. Some pantries are located outside while others are inside the library building. Donations are accepted directly into the pantries so long as they are unopened, shelf-stable and unexpired.*

### **Children's Library**

4800 W 10th St, Little Rock, AR 72204

### **Dee Brown Library**

6325 Baseline Rd, Little Rock, AR 72209

### **Fletcher Library**

823 N Buchanan St, Little Rock, AR 72205

### **Maumelle Library**

10 Lake Pointe Dr, Maumelle, AR 72113

### **McMath Library**

2100 John Barrow Rd, Little Rock, AR 72204

### **Milam Library**

609 Aplin Ave, Perryville, AR. 72126

### **Millie Brooks Library**

13024 AR-365, Wrightsville, AR 72183

### **Nixon Library**

703 W Main St, Jacksonville, AR 72076

### **Rooker Library**

11 Otter Creek Ct, Little Rock, AR 72210

### **Terry Library**

2015 Napa Valley Dr, Little Rock, AR 72212

### **Thompson Library**

38 Rahling Cir, Little Rock, AR 72223

### **Oak Forest Community Garden**

2600 S Monroe St, Little Rock, AR 72204

## COMMUNITY FRIDGES

*Considerations: Fridges are stocked at least twice weekly with the help of Potluck Food Rescue, Pulaski County Hunger Reduction Initiative, local growers and farmers and with the help of donations from the community. Donations are accepted directly into the fridges so long as they are unopened and safe to eat.*

### **Dee Brown Library**

6325 Baseline Rd, Little Rock, AR 72209

### **McMath Library**

2100 John Barrow Rd, Little Rock, AR 72204

### **Millie Brooks Library**

13024 AR-365, Wrightsville, AR 72183

### **Nixon Library**

703 W Main St, Jacksonville, AR 72076

### **Williams Library**

1800 S Chester St, Little Rock, AR 72206

## AFTER-SCHOOL NO-COST MEAL SERVICE (KIDS/TEENS)

*Considerations: Free after-school meals served Monday-Friday, for kids and teens at your local library through the school year (and serving lunches during the Summer). No Registration, ID or library card required! For children 2-18. Children under 11 must be accompanied. Meals must be eaten on site.*

### **Children's Library** *M-F 4-5PM*

4800 W 10th St, Little Rock, AR 72204

### **Nixon Library** *M-F 4-5PM*

703 W Main St, Jacksonville, AR 72076

### **Dee Brown Library** *M-F 3:30-4:30PM*

6325 Baseline Rd, Little Rock, AR 72209

### **Rooker Library** *M-F 4-5PM*

11 Otter Creek Ct, Little Rock, AR 72210

### **Fletcher Library** *M-F 3-4:30PM*

823 N Buchanan St, Little Rock, AR 72205

### **Sanders Library** *M-F 3:30-5PM*

10200 Johnson Drive, Sherwood

### **Main Library** *M-F 3:30-4:30PM*

401 President Clinton Ave, Little Rock 72201

### **Terry Library** *M-F 4:30-5:30PM*

2015 Napa Valley Dr, Little Rock, AR 72212

### **Maumelle Library** *M-F 3PM-5PM*

10 Lake Pointe Dr, Maumelle, AR 72113

### **Williams Library** *M-F 4-5PM*

1800 S Chester St, Little Rock, AR 72206

### **McMath Library** *M-F 4-5PM*

2100 John Barrow Rd, Little Rock, AR 72204

## FREE AFTER SCHOOL SNACKS

*Considerations: Free after-school snacks served Monday-Friday, for kids and teens. No Registration, ID or library card required! For children 2-18. Children under 11 must be accompanied. Snacks are grab and go.*

### **Children's Library** *M-F 4:30-5PM*

4800 W 10th St, Little Rock, AR 72204

### **McMath Library** *M-F 4:30-5PM*

2100 John Barrow Rd, Little Rock, AR 72204

### **Dee Brown Library** *M-F 3:30-4:30PM*

6325 Baseline Rd, Little Rock, AR 72209

### **Rooker Library** *M-F 4:30-5PM*

11 Otter Creek Ct, Little Rock, AR 72210

### **Fletcher Library** *M-F 3:30-4:30PM*

823 N Buchanan St, Little Rock, AR 72205

### **Sanders Library** *M-F 4-5PM*

10200 Johnson Drive, Sherwood

### **Maumelle Library** *M-F 3:30PM-5PM*

10 Lake Pointe Dr, Maumelle, AR 72113

### **Williams Library** *M-F 5-6PM*

1800 S Chester St, Little Rock, AR 72206

# Food Banks & Pantries



## Arkansas Foodbank

4301 W. 65th Street, Little Rock | 501-565-8121 | arkansasfoodbank.org

*Considerations: For help, visit their website or text FINDFOOD to 844-381-3663 to locate resources close to home.*

## Second Baptist Church

1709 John Barrow Road, Little Rock, AR 72204 | 501-223-2323 | Hours: Wednesday 10am-12pm

*Considerations: Photo ID and utility bill required to have matching name & address.*

## Central Baptist Church of North Little Rock

9618 Highway 107, Sherwood, AR 72120 | 501-771-1125 | Hours: Wednesday 10-11:30am

*Considerations: Serving Sherwood residents only (zip code 72120). Proof of residence is required. You can only go once a month. Clothes are also provided.*

## Central Baptist Church of North Little Rock

9618 Highway 107, Sherwood, AR 72120 | 501-771-1125 | Hours: Wednesday 10-11:30am

*Considerations: Serving Sherwood residents only (zip code 72120). Proof of residence is required. You can only go once a month. Clothes are also provided.*

## First Christian Church of Sherwood

2803 East Kiehl Avenue, Sherwood, AR 72120 | 501-835-5505 | Hours: Saturday 10:30am-12pm

*Considerations: Photo ID Required. Services for families in Sherwood and Jacksonville. Food pantry can be accessed 2x a month.*

## St. Mark's Episcopal Church Food Pantry

1500 North Mississippi Street, Little Rock, AR 72207 | 501-225-4203 | Hours: Thursday 8am-10:30am

*Considerations: Photo ID required.*

## Gardner Memorial United Methodist Church Food Pantry

1723 Schaer Street, North Little Rock, AR 72114 | 501-374-9520 | Hours: Tuesday 12-4pm

*Considerations: Photo ID Required. Serves residents of North Little Rock ONLY. You can only go once every 28 days.*

## Mosaic Church of Central Arkansas

6221 Colonel Glenn Road ad, Suite #A, Little Rock, AR 72204 | 501-562-3336 | Hours: Registration begins Tuesdays 9:30am-11:30am. Distribution starts at 1pm

*Considerations: Must be from 72204 area code with proof of address and ID unless unsheltered. First come, first served. Fridays 10am-3:00pm Unsheltered support behind the building by the loading dock. Receive showers, a meal, laundry services, abuse support groups, bible study.*

## Berean Disciple Church

4509 Rogers Street, North Little Rock, AR 72117 | 501-993-5276 | Hours: 4th Saturday each month, from 9am-12pm

*Considerations: Serves Pulaski County residents each Thursday morning. Clients asked to bring a photo ID and proof of address.*

## Mount Zion Baptist Church

924 Cross Street, Little Rock, AR 72202 | 501-374-5832 | Hours: Wednesday 11am–2pm

*Considerations:*

## Evangelist Temple C.O.G.I.C.

5121 Baseline Rd, Little Rock, AR 72209, USA | 501-442-9791 | Hours: Wednesday 5–6:30pm

*Considerations: Bring photo ID. Limited to twice/month. No zip code restrictions. Clothing is available.*

## River City Ministry

1021 E Washington Ave, North Little Rock, AR 72114 | (501) 376-6694 | Hours: Thursday 9:30–10:30am

*Considerations: Serving Pulaski County residents only. Must provide photo ID.*

## Christ Temple Outreach Center

1919 South Arch Street, Little Rock, AR 72206 | 501-376-1664 | Hours: Thursday 10am–12pm

*Considerations:*

## Bullock Temple

1513 South Park Street, Little Rock, AR 72202 | 501-375-1581 | Hours: Monday 1-2, Thursday 4:30–6pm

*Considerations: Appointments preferred; ID required. Can go once every 30 days.*

## Bethesda Missionary Baptist

1316 S Brown St, Little Rock, AR 72204, USA | 501-831-7162 | Hours: Friday 10am-12:30pm

*Considerations: Bring photo ID.*

## First Pentecostal Church Food Pantry

1401 Calvary Road, North Little Rock, AR 72116 | 501-758-3090 | Hours: Friday 10am-3pm

*Considerations: Photo ID required.*

## Mount Zion Baptist Church

924 Cross Street, Little Rock, AR 72202 | 501-374-5832 | Hours: Saturday 10am–12pm

*Considerations:*

## Faith Baptist Church (LR)

10710 Interstate #30, Little Rock, AR 72209 | 501-565-4966 | Hours: Monday 6–7pm

*Considerations: Must register with the food pantry with each use.*

## Faith Baptist Church (NLR)

5600 Camp Robinson Rd, North Little Rock, AR 72118 | 501-753-8897 | Hours: 1st & 3rd Mondays, 12–1pm

*Considerations: Only open to North Little Rock area residents. May require A photo ID or utility bill with proof of address.*

## **In Your Hands Ministries, Inc.**

3905 Highway #161 North, North Little Rock, AR 72117 | 501-945-1314 | Monday-Thursday 9am-12pm

*Considerations: Must present a form of ID or proof of address. Once a month per household.*

## **Park Hill Christian Church** 💡

4400 John F. Kennedy Blvd., North Little Rock, AR 72116 | 501-753-1109 | Hours: Tuesday 8:30am-10:30am

*Considerations: Photo ID required.*

## **Immanuel Baptist Church** 💡

315 N Shackleford Road | 501-376-3071 | Hours: Tuesday 10am-1pm

*Considerations: ID and proof of residence required. Participants must be from one of the following area codes: 72201, 72202, 72203, 72205, 72206, 72207, 72209, 72210, 72211, 72212, 72103, 72223, 72227. For children, must provide proof of residence. Call between 10am-1pm on Mondays to make an appointment 501-396-3333. Only one visit per address per month which also includes a visit to the clothing closet.*

## **Sylvan Hills Community Church, Crisis Corner**

8019 Hwy #107, Sherwood, AR 72120 | 501-835-1612 | Hours: Tuesday, 10am-12pm

*Considerations: Serving North Little Rock, Jacksonville and Sherwood residents only. Photo ID required.*

## **First Baptist Church** 💡

2015 Main Street, North Little Rock, AR 72114 | 501-758-1525 | Hours: Tuesday 11am-1pm

*Considerations: Primarily serving the North Little Rock area. You can only go once a month. You will need to provide a Photo ID or bill with your current address.*

## **Geyer Springs UMC** 💡

5500 Geyer Springs Road Little Rock, AR 72209 | 501-565-3175 | Hours: 1st/3rd Thursday every month, 8:30am-11:30pm

*Considerations: Drive through. Driver's license or photo ID, and patrons can only pick up once a month.*

## **The Helping Hand of Greater Little Rock**

1601 Marshall Street, Little Rock | 501-372-4388 | [Irhelppinghand.com](http://Irhelppinghand.com) | Monday-Thursday, 9am-12:30pm

*Considerations: Serves individuals and families in Pulaski County. Photo ID is required. Provides food boxes, clothing, and limited financial assistance to those in crisis. Proceeds from their thrift store go to support the pantry.*

## **Saint Mark's Food Pantry** 💡

1000 N Mississippi Street, Little Rock | 501-225-4203 | [lovesaintmarks.org](http://lovesaintmarks.org) | Hours: Thursday 8:30am-10am

*Considerations: This is a highly used resource, may not have capacity -- call for availability. Serves Pulaski County residents each Thursday morning. Clients are asked to bring a photo ID and proof of address.*

## **Saint Mark Baptist Church** 💡

5722 West 12th Street, Little Rock, AR | 501-663-3955 | 3rd Saturday 10am-12pm or while supplies last

*Considerations: Photo ID required.*

## **Church at Rock Creek** 💡

11500 West 36th Street, Little Rock, AR 72211 | 501-221-1051 | Hours: Tuesday-Friday

*Considerations: Those seeking assistance with the Food Bank may call the Care Center office on Tuesday - Friday between 8:15 and 10:00 am and schedule an appointment for food box pick up that same day.*

## **Jacksonville Care Channel** 💡

201 North Elm Street Jacksonville, AR 72076 | 501-982-4647 | Hours: Monday, Wednesday, Friday 10am-12pm

*Considerations: Serves residents of Jacksonville 72076 area code only. SS number or photo ID required. Participants need to be on food stamps after the first visit.*

## **Healing Waters Food Pantry** 💡

14036 Sardis Road, Shannon Hills, AR 72103 | 501-516-1602 | Hours: Sunday 10am-2pm

*Considerations: Appointment is needed for clothing only.*

## **Grace Presbyterian Church** 💡

9301 N Rodney Parham Road, Little Rock, AR 72227 | 501-225-3274 | Hours: 1st/3rd Thursday each month 5-6:30pm

*Considerations: Please bring an ID. Food pick up is a drive through.*

## **Liberty Hill Missionary Baptist Church** 💡

1215 South Schiller Street, Little Rock, AR 72202 | 501-374-8060 | Hours: 2nd Monday each month 2-3:30pm

*Considerations: Photo ID required.*

## **Oak Forest United Methodist Church** 💡

2415 South Fair Park Blvd., Little Rock, AR 72204 | 501-663-9407 | Hours: 3rd Thursday 10am-12pm

*Considerations: Once per month per person/family*

## **Pulaski Heights United Methodist Church** 💡

4823 Woodlawn Drive, Little Rock, AR 72205 | 501-664-3600 | Hours: 1st Wednesday each month 8am-10am

*Considerations: Drive through food bank. Photo ID to register the first time.*

## **Life Line Baptist Church** 💡

7601 Baseline Road Little Rock, Arkansas 72209 | 501-568-5433 | Hours: Every Thursday 9am-11am

*Considerations: Photo ID required.*

## **Asbury Food Pantry** 💡

1700 Napa Valley Drive, Little Rock | 501-225-9231 Hours: 2nd & 4th Tuesday each month 11am-1pm

*Considerations: Drive through pantry. No ID required for food, but multiple families in the same car must show proof of separate address. From 11am-12pm, they also have a diaper pantry, must have a birth certificate or foster care addendum to receive diapers.*

## **St. Andrew UMC** 💡

4600 Baseline, Little Rock, AR | 501-562-1891 | Hours: 2nd & 4th Thursday each month 10am-12pm

*Considerations:*

### **Laman Library Food Distribution** 💡

2801 Orange Street, North Little Rock, AR 72114 | 501-758-1720 | Hours: 9:15am-10:30am

*Considerations: Free food distribution that is open to the public.*

### **Argenta Library Food Distribution** 💡

420 Main Street, North Little Rock, AR 72114 | 501-687-1061 | Hours: Ticketing begins at 10:30am

*Considerations: Free food distribution that is open to the public.*

### **Food for the Hungry Program** 💡

10701 Baseline Rd, Little Rock, AR 72209 | 501-255-0900 | Register by visiting the church & picking up purple ticket

*Considerations:*

### **St. Francis House: Food and Clothing Distribution** 💡

2701 S Elm St, Little Rock, AR 72204 | 501-664-5036 | Hours: Open Mon-Fri 9am-4pm | Closed 12pm-1pm for lunch

*Considerations: Food bags available every day for persons, whether single, married or families. Please bring your current identification with you.*

### **Bayou Meto Baptist Church** 💡

26200 Arkansas 107, Jacksonville, AR 72076 | 501-988-1966 | Hours: 4th Monday each month, 3:15pm-5pm

*Considerations: ID required*

### **El Zocalo Immigrant Resource Center**

5500 Geyer Springs Rd, Little Rock, AR 72209 | 501-301-4652 | Hours: 2nd & 4th Friday 5:30-7:30pm

*Considerations: After 4:00 pm they take appointments for families in crisis that need pantry assistance.*

### **Maumelle Philanthropists Food Pantry** 💡

404 Edgewood Dr. Maumelle, AR 72113 | [www.mphelps.org](http://www.mphelps.org)

Hours: Wednesdays 10am-12pm | Tuesday & Thursday 10am-1:30pm | Saturdays 10am-11:30 am

*Considerations:*

### **Solid Stance for Unity and Community Little Free Pantry** 💡

1524 Garfield, Little Rock, Arkansas 72204 | Hours: 24-hour access

*Considerations: This resource is open 24 hours a day, but it may not be fully stocked with every visit.*

# Direct Meal Support



## Arkansas Community Advocates

Friday Dinner: 112 S. Cross Street, Little Rock | Saturday Breakfast: 613 E Broadway

Hours: Serves lunch Monday-Friday, and Sunday 12pm-1pm

Considerations: *Open to all who are hungry.*

## The Stewpot, Salvation Army

1111 W. Markham Street, Little Rock AR | [www.stewpot-littlerock.org](http://www.stewpot-littlerock.org) | Hours: Monday-Friday and Sunday 12pm-1pm

Considerations: *Open to all that are hungry.*

## Salvation Army

1111 W. Markham Street, Little Rock AR | Hours: Serves breakfast Monday-Friday 7-7:40am

Considerations: *Open to all that are hungry.*

## Quapaw Quarter UMC

1601 S Louisiana St, Little Rock, AR 72206

Martha's Door: Monday-Thursday 9am-12pm | Community Breakfast: Sunday 7:30am | Stone Soup: Sunday 3pm

Considerations:

- *Community Breakfast – A healthy, hot breakfast prepared by volunteers and served in to-go fashion to 80-100 guests every Sunday morning starting at 7:30am.*
- *Stone Soup – A healthy, balanced meal prepared by more volunteers and served to-go style every Sunday afternoon at 3pm to 80-100 people.*
- *Martha's Door – named after the dear soul who ran the QQUMC Food Pantry for over 29 years, Martha's Door provides a sack lunch, hygiene kit, socks, and assorted clothing when available to people who come during office hours (9am to 12pm) to the 2nd floor door on 16th St. and ring the buzzer.*

## Canvas Community Church

1111 W. 7th Street, Little Rock 72201 | 501-291-2597 | [www.welovelittlerock.org](http://www.welovelittlerock.org)

- Dinner Monday & Wednesday 4pm-6pm
- 1st & 3rd Tuesday, a chicken meal is served 6-6:30pm
- 2nd, 3<sup>rd</sup>, & 4th Saturday 11:00am-12:30pm

Considerations: *No ID required.*

## Friendly Chapel, Church of the Nazarene

116 S. Pine Street, North Little Rock | 501-371-0912 Hours: Monday-Friday 10:15am-12pm

Considerations: *This resource will not be open again until Monday, November 10.*

## Food Not Bombs Central Arkansas

- Library Square, 100 River Market Ave, Little Rock, AR 72201 | Hours: 3rd Saturday every month 12pm
- Beautywood Books, 1704 N Main Street, North Little Rock, AR 72114 | Hours: Last Sunday every month 1pm

Considerations: *Meals are served on-site or grab and go. Mostly vegan/vegetarian.*

## **Jericho Way Homeless Day Resource Center** 💡

3000 Springer Blvd., Little Rock, AR 72206 | 501-916-9859 | [www.depaulusa.org](http://www.depaulusa.org)  
Hours: Monday-Friday breakfast 7:30am-8:30am | Monday-Friday lunch 11am-12pm  
*Considerations: Closed on holidays*

## **Little Rock Compassion Center** 💡

3618 West Roosevelt, Little Rock, AR 72204 | 501-296-9114  
Hours: Daily breakfast 6:30am-7am | lunch 12pm-12:30pm | dinner 4:30pm-5:30pm  
*Considerations: Serving the 72204 zip code area only. Photo ID is required.*

## **River City Ministry** 💡

1021 E Washington Ave, North Little Rock, AR 72114 | 501-376-6694 | [www.rivercityministry.org/about](http://www.rivercityministry.org/about)  
Hours: Monday-Friday breakfast 8am | lunch 12pm | Sunday lunch 2pm  
*Considerations:*

## **Saint Mark Baptist Church**

5722 W. 12th Street., Little Rock, 72204 | 501-663-3955 | [www.smark.org](http://www.smark.org) | Hours: Monday-Thursday 10am-12pm  
*Considerations:*

## **Overcomer Central (The OC) Immerse AR** 💡

5300 Asher Ave., Little Rock 72204 | 501-404-9890 | [www.immersearkansas.org](http://www.immersearkansas.org) | Hours: Breakfast 8-9:30am  
*Considerations: Only for adults aged 18-24*

## **Serving Up For Sardis / Ministry of North Sardis Missionary Baptist Church** 💡

20120 N Sardis Road, Mabelvale, AR 72103 | Hours: 1st, 2nd, & 4th Saturday each month 5-7pm  
*Considerations:*

## **Laman Library Afterschool Meals** 💡

2801 Orange Street, North Little Rock, AR 72114 | 501-758-1720  
Hours: Meal served 3:30-4:30pm | Snack served 5:30-6:30pm  
*Considerations: This meal is only for students aged 2-18.*

## **F.E.E.D. First USA**

6124 Baseline Rd., Little Rock, AR | 501-353-0342 | Hours: Meal served 3pm-3:30pm | Snack served 3:30pm-4pm  
*Considerations: This meal is only for students 18 and under.*